

The Third Sunday after Epiphany



January 23, 2022

*Welcome to
St. Mark's and St. John's*

Help yourself to coffee in the "cafe".

Feel free to bring it to your pew. We're casual.

We invite children to make themselves at home at our children's table where there are weekly activity bulletins, crayons, etc...

Our live YouTube broadcast begins at 9:15am.

*As always, the link to our live-recorded YouTube channel is available on our website,
stmarksandstjohns.org*

PRELUDE Instrumental

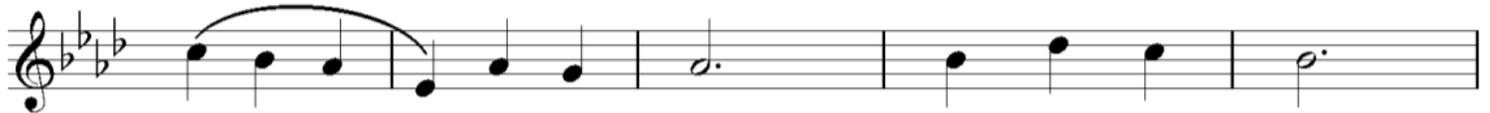
OPENING MUSIC

“Earth and Stars”

Music by David N Johnson, lyrics by Herbert F. Brokering



1 Earth and all stars, loud rush - ing plan - ets, sing to the
2 Hail, wind, and rain, loud blow - ing snow - storms, sing to the
3 Trum - pet and pipes, loud clash - ing cym - bals, sing to the



1 Lord _____ a new song! O vic - to - ry,
2 Lord _____ a new song! Flow - ers and trees,
3 Lord _____ a new song! Harp, lute, and lyre,



1 loud shout - ing ar - my, sing to the Lord _____ a new song!
2 loud rus - tling dry leaves, sing to the Lord _____ a new song!
3 loud hum - ming cel - los, sing to the Lord _____ a new song!



Refrain
He hath done mar - vel - ous things.



I, too, will praise him with a new song!

OPENING PRAYER

Give us grace, O Lord, to answer readily the call of our Savior Jesus Christ and proclaim to all people the Good News of his salvation, that we and the whole world may perceive the glory of his marvelous works; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

FIRST LESSON

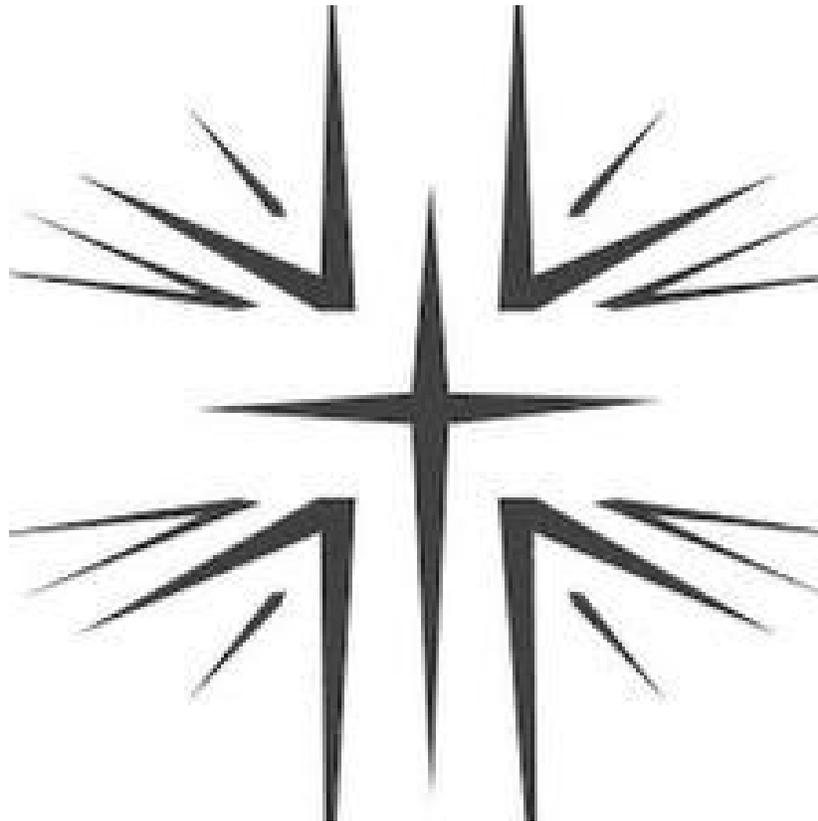
Nehemiah 8:1-3, 5-6, 8-10

All the people of Israel gathered together into the square before the Water Gate. They told the scribe Ezra to bring the book of the law of Moses, which the Lord had given to Israel. Accordingly, the priest Ezra brought the law before the assembly, both men and women and all who could hear with understanding. This was on the first day of the seventh month. He read from it facing the square before the Water Gate from early morning until midday, in the presence of the men and the women and those who could understand; and the ears of all the people were attentive to the book of the law. And Ezra opened the book in the sight of all the people, for he was standing above all the people; and when he opened it, all the people stood up. Then Ezra blessed the Lord, the great God, and all the people answered, "Amen, Amen," lifting up their hands. Then they bowed their heads and worshiped the Lord with their faces to the ground. So they read from the book, from the law of God, with interpretation. They gave the sense, so that the people understood the reading.

And Nehemiah, who was the governor, and Ezra the priest and scribe, and the Levites who taught the people said to all the people, "This day is holy to the Lord your God; do not mourn or weep." For all the people wept when they heard the words of the law. Then he said to them, "Go your way, eat the fat and drink sweet wine and send portions of them to those for whom nothing is prepared, for this day is holy to our Lord; and do not be grieved, for the joy of the Lord is your strength."

Lector: Hear what the Spirit is saying

People: **Thanks be to God.**



PSALM 19

The heavens declare the glory of God,
and the firmament shows his handiwork.

**One day tells its tale to another,
and one night imparts knowledge to another.**

Although they have no words or language,
and their voices are not heard,

**Their sound has gone out into all lands,
and their message to the ends of the world.**

In the deep has he set a pavilion for the sun;
it comes forth like a bridegroom out of his chamber;
it rejoices like a champion to run its course.

**It goes forth from the uttermost edge of the heavens
and runs about to the end of it again;
nothing is hidden from its burning heat.**

The law of the Lord is perfect
and revives the soul;
the testimony of the Lord is sur
and gives wisdom to the innocent.

**The statutes of the Lord are just
and rejoice the heart;
the commandment of the Lord is clear
and gives light to the eyes.**

The fear of the Lord is clean
and endures for ever;
the judgments of the Lord are true
and righteous altogether.

**More to be desired are they than gold,
more than much fine gold,
sweeter far than honey,
than honey in the comb.**

By them also is your servant enlightened,
and in keeping them there is great reward.

**Who can tell how often he offends?
cleanse me from my secret faults.**

Above all, keep your servant from presumptuous sins;
let them not get dominion over me;
then shall I be whole and sound,
and innocent of a great offense.

**Let the words of my mouth and the meditation of my
heart be acceptable in your sight,
O Lord, my strength and my redeemer.**

SECOND LESSON

1 Corinthians 12:12-31a

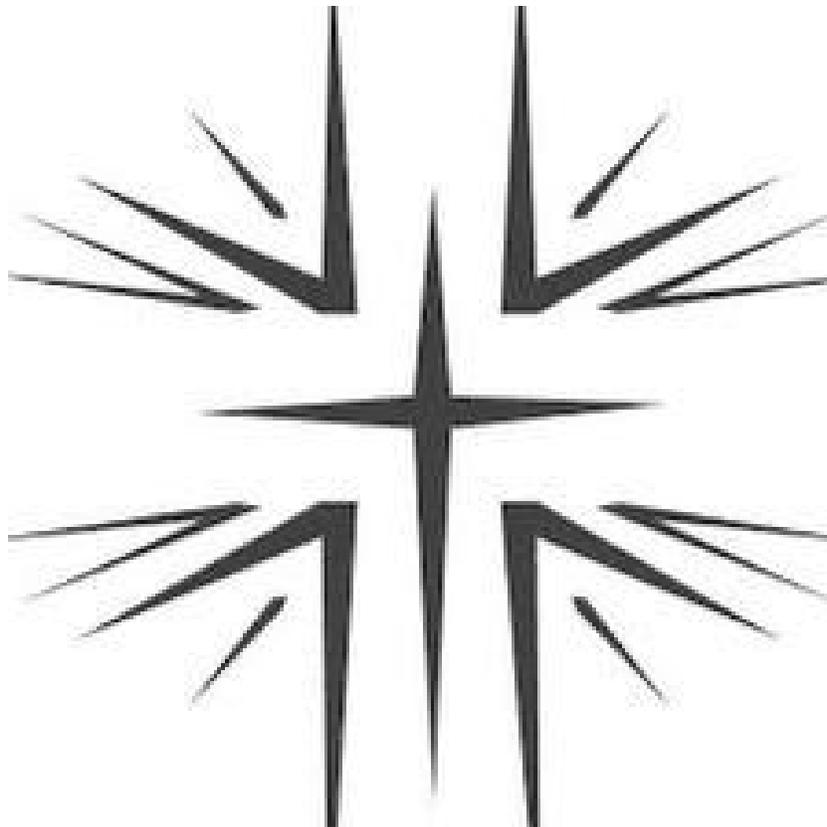
Just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ. For in the one Spirit we were all baptized into one body--Jews or Greeks, slaves or free--and we were all made to drink of one Spirit.

Indeed, the body does not consist of one member but of many. If the foot would say, "Because I am not a hand, I do not belong to the body," that would not make it any less a part of the body. And if the ear would say, "Because I am not an eye, I do not belong to the body," that would not make it any less a part of the body. If the whole body were an eye, where would the hearing be? If the whole body were hearing, where would the sense of smell be? But as it is, God arranged the members in the body, each one of them, as he chose. If all were a single member, where would the body be? As it is, there are many members, yet one body. The eye cannot say to the hand, "I have no need of you," nor again the head to the feet, "I have no need of you." On the contrary, the members of the body that seem to be weaker are indispensable, and those members of the body that we think less honorable we clothe with greater honor, and our less respectable members are treated with greater respect; whereas our more respectable members do not need this. But God has so arranged the body, giving the greater honor to the inferior member, that there may be no dissension within the body, but the members may have the same care for one another. If one member suffers, all suffer together with it; if one member is honored, all rejoice together with it.

Now you are the body of Christ and individually members of it. And God has appointed in the church first apostles, second prophets, third teachers; then deeds of power, then gifts of healing, forms of assistance, forms of leadership, various kinds of tongues. Are all apostles? Are all prophets? Are all teachers? Do all work miracles? Do all possess gifts of healing? Do all speak in tongues? Do all interpret? But strive for the greater gifts.

Lector: Hear what the Spirit is saying

People: **Thanks be to God.**



EPIPHANY HYMN

"Spirit of the Living God"

Music and lyrics by Daniel Iverson

Spir - it of the liv - ing God, fall a - fresh on me.

The first system of the hymn consists of two staves. The top staff is in treble clef and the bottom staff is in bass clef. Both are in 4/4 time and the key signature has one flat (B-flat). The melody in the treble clef starts with a quarter note G4, followed by quarter notes A4, Bb4, and C5. The bass line consists of chords: G2-Bb2, A2-Bb2, and C3-Eb3.

Spir - it of the liv - ing God, fall a - fresh on me.

The second system of the hymn consists of two staves. The top staff is in treble clef and the bottom staff is in bass clef. Both are in 4/4 time and the key signature has one flat (B-flat). The melody in the treble clef starts with a quarter note G4, followed by quarter notes A4, Bb4, and C5. The bass line consists of chords: G2-Bb2, A2-Bb2, and C3-Eb3.

Melt me; mold me; fill me; use me.

The third system of the hymn consists of two staves. The top staff is in treble clef and the bottom staff is in bass clef. Both are in 4/4 time and the key signature has one flat (B-flat). The melody in the treble clef starts with a quarter note G4, followed by quarter notes A4, Bb4, and C5. The bass line consists of chords: G2-Bb2, A2-Bb2, and C3-Eb3.

Spir - it of the liv - ing God, fall a - fresh on me.

The fourth system of the hymn consists of two staves. The top staff is in treble clef and the bottom staff is in bass clef. Both are in 4/4 time and the key signature has one flat (B-flat). The melody in the treble clef starts with a quarter note G4, followed by quarter notes A4, Bb4, and C5. The bass line consists of chords: G2-Bb2, A2-Bb2, and C3-Eb3.

The Holy Gospel of our Lord Jesus Christ according to Luke.
Glory to you, Lord Christ.

Jesus, filled with the power of the Spirit, returned to Galilee, and a report about him spread through all the surrounding country. He began to teach in their synagogues and was praised by everyone.

When he came to Nazareth, where he had been brought up, he went to the synagogue on the sabbath day, as was his custom. He stood up to read, and the scroll of the prophet Isaiah was given to him. He unrolled the scroll and found the place where it was written:

"The Spirit of the Lord is upon me,
because he has anointed me
to bring good news to the poor.
He has sent me to proclaim release to the captives
and recovery of sight to the blind,
to let the oppressed go free,
to proclaim the year of the Lord's favor."

And he rolled up the scroll, gave it back to the attendant, and sat down. The eyes of all in the synagogue were fixed on him. Then he began to say to them, "Today this scripture has been fulfilled in your hearing."

The Gospel of the Lord
Praise to you, Lord Christ

AFFIRMATION OF FAITH

**We believe in God above us,
Creator of all things, sustainer of all life.**

**We believe in Christ beside us,
companion and friend,**

Redeemer of all the broken pieces of our universe.

**We believe in Spirit deep within us,
Advocate and guide, who lives with us eternally.**

**We believe in God's resurrection created world
where all things are fixed,
and all creation fits together in vibrant harmonies.**

**We believe in God above, beside, within,
God yesterday, today and forever, the three in one,
the one in three. Amen.**

SPECIAL MUSIC FOR PRAYER AND MEDITATION *Please be seated*

You're invited to light a candle at our prayer table and write your prayer intentions on the Prayer Board during the music. Please stay socially distant.

Eucharistic Ministers bring the elements and offering to the altar.

PRAYERS OF THE PEOPLE

Please stand

Rejoicing in the good news of Christ's birth and dwelling in hope, let us pray for the church, those in need, and all of creation.

A brief silence.

Merciful God, make your presence known throughout your church in all its different forms. Guide preachers and teachers to proclaim the work you do in this and every place. Lord, in your mercy,
hear our prayer.

You created the earth and all it contains. Send rain and snow to parched places so that plants and animals thrive. Direct us to be good stewards of all that you create. Lord, in your mercy,
hear our prayer.

You heal what is broken and make all things new. Grant peace in war-torn nations especially in Myanmar, Sudan, Syria, and Ukraine that diplomatic wisdom and good will be with their leaders to end the torment of violence, so that all people can live in safety and security. Lord, in your mercy,
hear our prayer.

You call us as your children and comfort us in our afflictions. Bring patience to the distressed, compassion to the grieving, and relief to the suffering. We pray especially today for...

Lord, in your mercy,
hear our prayer.

You give us examples of Christ-like living through the witness of the faithful departed. As your beloved called on the name of Jesus throughout their lives, inspire us to call upon him in joy and in need. Lord, in your mercy,
hear our prayer.

Celebrant: Rejoicing in your glory revealed to the world, we offer these and all our prayers to you, O God of our salvation, through Christ our light. **Amen.**

THE PEACE

Deacon: The peace of the Lord be with you always.

And also with you.

Instrumental Music

Celebrant: Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

HOLY EUCHARIST

The Lord is here.

God's Spirit is with us.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to offer thanks and praise.



It is right to glorify you
and to give you thanks, our holy and living God;
you dwell in light inaccessible
from before time and forever.

Fountain of life and source of all goodness,
you made all things and fill them with your blessing;
you created them to rejoice
in the splendor of your radiance.

Now we praise you with the faithful of every time and place,
and give voice to every creature,
as we join in the eternal hymn:

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is the one who comes in the name of the Lord.

Hosanna in the highest.

You formed us in your own image, giving the whole world into our
care, so that, in obedience to you, our Creator, we might become
stewards of all creation.

Again and again, you called us into covenant with you, and through
the prophets, you taught us to hope for salvation.

You loved the world so much that in the fullness of time you sent
your only begotten one to be our Savior. Incarnate by the Holy
Spirit, born of your servant Mary, Jesus lived as one of us. To the
poor Christ proclaimed the good news of salvation; to prisoners,
freedom; to the sorrowful, joy.

The night before he died, your Son, Jesus Christ, took bread; when he had given you thanks, he broke it, gave it to his disciples, and said:

**Take, eat, this is my body which is given for you;
do this to remember me.**

After supper he took the cup; when he had given you thanks, he gave it to them and said:

**This cup is the new covenant in my blood poured out for you;
do this as often as you drink it to remember me.**

Elements are elevated

From the gifts, you have given us we offer you this bread and this cup, and proclaim the mystery of our faith,

**Christ has died,
Christ is risen,
Christ will come in glory.**

Therefore, loving God, recalling now Christ's death and resurrection, we ask you to accept this our sacrifice of praise.

Send your Holy Spirit upon us and our celebration, that we may be fed with the body and blood of your Son and be filled with your life and goodness. Strengthen us to do your work, and to be your body in the world.

Elements are elevated

Through Jesus Christ our Lord, with whom, and in whom, in the unity of the Holy Spirit, all honor and glory be to you, Lord of all ages, world without end. Amen.

As our Savior Christ has taught us, we are bold to pray,

**Our Father in heaven, hallowed be your Name,
your kingdom come, your will be done,
on earth as it is in heaven.**

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

**Save us from the time of trial,
and deliver us from evil.**

**For the kingdom, the power,
and the glory are yours,
now and forever. Amen.**

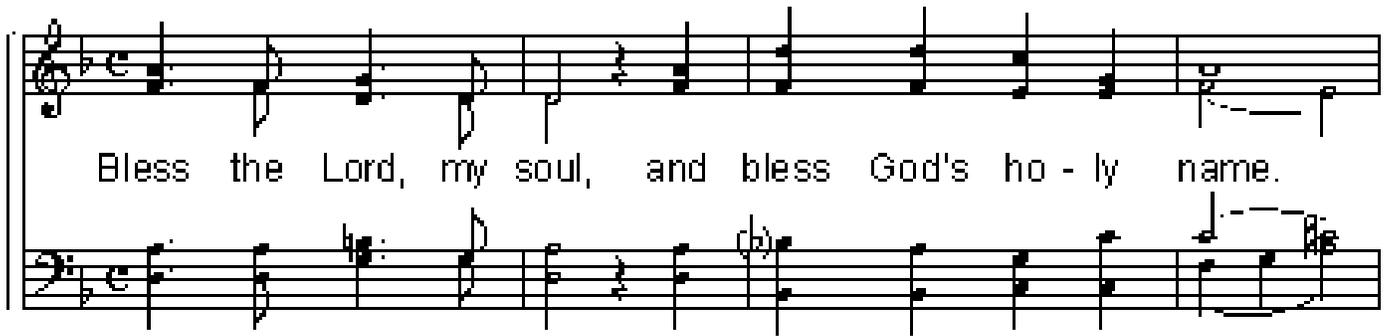
Christ our Passover is sacrificed for us;

Therefore let us keep the feast

FRACTURE ANTHEM

"Bless the Lord My Soul"

Music by Jacques Berthier, Lyrics from Psalm 103



Bless the Lord, my soul, and bless God's ho - ly name.



Bless the Lord, my soul, who leads me in - to life.

Celebrant: The gifts of God for the people of God take them in remembrance of Christ's life, death, and resurrection and feed on him in your hearts by faith.

WELCOME TO THE TABLE

ALL are welcome to receive communion.

Please be seated. Our Eucharistic Ministers will come to you. As they approach, please stand if you are able. Gluten-free wafers and grape juice are available. If you would like to receive a blessing instead of communion, simply cross your arms in front of you.

COMMUNION MUSIC

"Taste and See"

Music and lyrics by James E. Moore

Refrain

The musical score is written on five staves in a 4/4 time signature with a key signature of one flat (B-flat). The melody is simple and repetitive. The lyrics are: "Taste and see, taste and see the good - ness of the Lord. _____ the taste and see, taste and see the good - ness of the Lord, _____ of the Lord." The first line of music corresponds to the first line of lyrics, and so on. The lyrics are written below the notes, with hyphens indicating syllables that span across two notes. There are blank lines in the lyrics corresponding to the blank lines in the music.

Taste and see, taste and see the
good - ness of the Lord. _____ the
taste and see, taste and see the
good - ness of the Lord, _____ of the
Lord.

POST COMMUNION PRAYER

**We thank you, O God,
That you have fed us at your banqueting table
With bread and wine beyond compare,
The very life of Christ for us.
Send your Spirit with us now,
That we may set the captive free,
Use your gifts to build one another up,
And in everything reflect your glory
Revealed in Jesus Christ, our Savior and Lord.
Amen.**

FINAL BLESSING

DISMISSAL

Alleluia, Alleluia. Go in peace and share God's light in the world.

Thanks be to God. Alleluia, alleluia!

Presider and Preacher: The Rev'd Cindy Rasmussen

Deacon: The Rev'd Mike Finn

Musician: Andy Lacey

Audio and Video Producer: Robert Thornton

Lay Leaders: Heather Gilfoy, Mary Ellen Forszt, Sharon Kowalski

SMSJ WEEKLY CALENDAR (1/23/22 - 1/29/22)

Tuesday

9am Food Shelf Prep & Foodlink Delivery
(Valeri)

1pm Food bagging (Kowalski/Forszt)

Wednesday

10:30-12pm Food Shelf Ministry (Valeri)

12pm Healing Service

7pm Bible Study (*zoom link on the website*)

Thursday

9:30am Staff Meeting

ANNOUNCEMENTS

Bible Study

Bible Study on the Gospel of Luke will continue on Wednesday, Jan. 26th at 7:00pm. The Zoom link is posted on the website.

Vestry Meeting

Our next vestry meeting will be on Zoom on Monday, January 24th at 6pm. Please check the Vestry Google folder before the meeting.

Annual Meeting

Join us for our Annual Meeting on Sunday, January 30th after worship service. We will be reviewing the 2021 Annual Report and electing the 2022 Vestry. All members of the parish over the age of 18 are eligible to vote in the election.

Prayer Concerns and/or Thanksgivings

Our newsprint "Prayer" board is back. You are welcome to light a candle and put the name(s) of those you would like us to hold in prayer. First names will be shared during the Prayers of the People. If you would like to include any of these names on our regular prayer list, please email Terri Censak at scensak@frontiernet.net.

Readers and Eucharistic Ministers

If you'd like to serve as a Reader and/or a Eucharistic Minister, please let Deacon Mike or Pastor Cindy know. The December and January schedule is attached. If you are unable to serve a particular weekend, please find a replacement and let Pastor Cindy know.

Worship Leaders of January, February, and March of 2022

Date	First Lesson and Psalm	Second Lesson	Prayers of the People
1/2	Joe C	Bob C	Deb S
1/9	LaVonne N	Kathy J	Terri C
1/16	Tom F	Mary E	Stephanie S
1/23	Heather G	Mary Ellen F	Sharon K
2/6	Kathy J	Bob V	Michele H
2/13	Bob C	Deb S	Joe C
2/20	Bob C	Terri C	LaVonne N
2/27	Mary E	Stephanie S	Tom F
3/6	Mary Ellen F	Sharon K	Heather G
3/13	Walt S	Samantha G	Paula V
3/20	Bob V	Michele H	Kathy J

