

The Fifth Sunday after Epiphany



February 6, 2022

*Welcome to
St. Mark's and St. John's*

Help yourself to coffee in the "cafe".

Feel free to bring it to your pew. We're casual.

We invite children to make themselves at home at our children's table where there are weekly activity bulletins, crayons, etc...

Our live YouTube broadcast begins at 9:15am.

*As always, the link to our live-recorded YouTube channel is available on our website,
stmarksandstjohns.org*

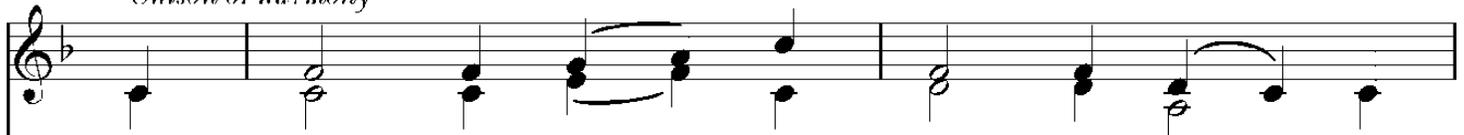
PRELUDE Instrumental

OPENING MUSIC

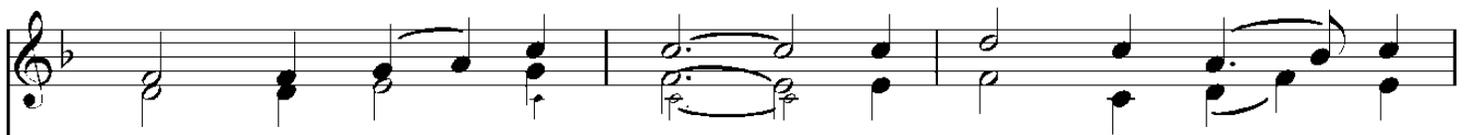
“I Come with Joy”

Music and lyrics by Brian A. Wren

Unison or harmony



1 I come with joy to meet my Lord, for -
2 I come with Chris - tians far and near to
3 As Christ breaks bread and bids us share, each



1 giv - en, loved, and free, in awe and won - der
2 find, as all are fed, the new com - mu - ni -
3 proud di - vi - sion ends. That love that made us



1 to re - call his life laid down for me.
2 ty of love in Christ's com - mun - ion bread.
3 makes us one, and stran - gers now are friends.

OPENING PRAYER

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

FIRST LESSON

Isaiah 6:1-8

In the year that King Uzziah died, I saw the Lord sitting on a throne, high and lofty; and the hem of his robe filled the temple. Seraphs were in attendance above him; each had six wings: with two they covered their faces, and with two they covered their feet, and with two they flew. And one called to another and said:

"Holy, holy, holy is the Lord of hosts;
the whole earth is full of his glory."

The pivots on the thresholds shook at the voices of those who called, and the house filled with smoke. And I said: "Woe is me! I am lost, for I am a man of unclean lips, and I live among a people of unclean lips; yet my eyes have seen the King, the Lord of hosts!"

Then one of the seraphs flew to me, holding a live coal that had been taken from the altar with a pair of tongs. The seraph touched my mouth with it and said: "Now that this has touched your lips, your guilt has departed and your sin is blotted out." Then I heard the voice of the Lord saying, "Whom shall I send, and who will go for us?" And I said, "Here am I; send me!"

Lector: Hear what the Spirit is saying

People: **Thanks be to God.**

PSALM 138

I will give thanks to you, O Lord, with my whole heart;
before the gods I will sing your praise.

**I will bow down toward your holy temple
and praise your Name,
because of your love and faithfulness;**

For you have glorified your Name
and your word above all things.

**When I called, you answered me;
you increased my strength within me.**

All the kings of the earth will praise you, O Lord,
when they have heard the words of your mouth.

**They will sing of the ways of the Lord,
that great is the glory of the Lord.**

Though the Lord be high, he cares for the lowly;
he perceives the haughty from afar.

**Though I walk in the midst of trouble, you keep me safe;
you stretch forth your hand against the fury of my enemies;
your right hand shall save me.**

The Lord will make good his purpose for me;
O Lord, your love endures for ever;
do not abandon the works of your hands.

SECOND LESSON

1 Corinthians 15:1-11

I would remind you, brothers and sisters, of the good news that I proclaimed to you, which you in turn received, in which also you stand, through which also you are being saved, if you hold firmly to the message that I proclaimed to you--unless you have come to believe in vain.

For I handed on to you as of first importance what I in turn had received: that Christ died for our sins in accordance with the scriptures, and that he was buried, and that he was raised on the third day in accordance with the scriptures, and that he appeared to Cephas, then to the twelve. Then he appeared to more than five hundred brothers and sisters at one time, most of whom are still alive, though some have died. Then he appeared to James, then to all the apostles. Last of all, as to one untimely born, he appeared also to me. For I am the least of the apostles, unfit to be called an apostle, because I persecuted the church of God. But by the grace of God I am what I am, and his grace toward me has not been in vain. On the contrary, I worked harder than any of them--though it was not I, but the grace of God that is with me. Whether then it was I or they, so we proclaim and so you have come to believe.

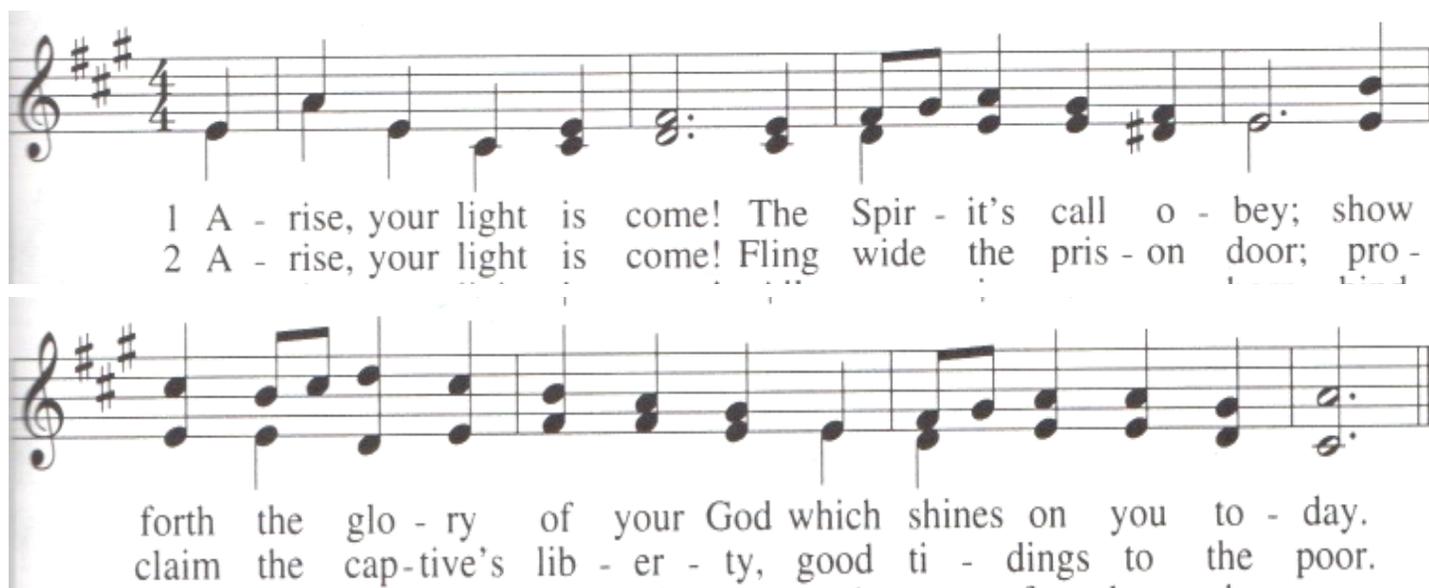
Lector: Hear what the Spirit is saying

People: **Thanks be to God.**

EPIPHANY HYMN

"Arise Your Light Is Come"

Music and lyrics by Ruth Duck



1 A - rise, your light is come! The Spir - it's call o - bey; show
2 A - rise, your light is come! Fling wide the pris - on door; pro -
forth the glo - ry of your God which shines on you to - day.
claim the cap - tive's lib - er - ty, good ti - dings to the poor.

GOSPEL

Luke 5:1-11

The Holy Gospel of our Lord Jesus Christ according to Luke.

Glory to you, Lord Christ.

Once while Jesus was standing beside the lake of Gennesaret, and the crowd was pressing in on him to hear the word of God, he saw two boats there at the shore of the lake; the fishermen had gone out of them and were washing their nets. He got into one of the boats, the one belonging to Simon, and asked him to put out a little way from the shore. Then he sat down and taught the crowds from the boat. When he had finished speaking, he said to Simon, "Put out into the deep water and let down your nets for a catch." Simon answered, "Master, we have worked all night long but have caught nothing. Yet if you say so, I will let down the nets." When they had done this, they caught so many fish that their nets were beginning

to break. So they signaled their partners in the other boat to come and help them. And they came and filled both boats, so that they began to sink. But when Simon Peter saw it, he fell down at Jesus' knees, saying, "Go away from me, Lord, for I am a sinful man!" For he and all who were with him were amazed at the catch of fish that they had taken; and so also were James and John, sons of Zebedee, who were partners with Simon. Then Jesus said to Simon, "Do not be afraid; from now on you will be catching people." When they had brought their boats to shore, they left everything and followed him.

The Gospel of the Lord
Praise to you, Lord Christ

SERMON

Pastor Cindy Rasmussen

AFFIRMATION OF FAITH

**We believe in God above us,
Creator of all things, sustainer of all life.**

**We believe in Christ beside us,
companion and friend,**

Redeemer of all the broken pieces of our universe.

**We believe in Spirit deep within us,
Advocate and guide, who lives with us eternally.**

**We believe in God's resurrection created world
where all things are fixed,
and all creation fits together in vibrant harmonies.**

**We believe in God above, beside, within,
God yesterday, today and forever, the three in one,
the one in three. Amen.**

SPECIAL MUSIC FOR PRAYER AND MEDITATION *Please be seated*

You're invited to light a candle at our prayer table and write your prayer intentions on one of the Prayer Boards during the music. Please stay socially distant.

Eucharistic Ministers bring the elements and offering to the altar.

PRAYERS OF THE PEOPLE

Please stand

Rejoicing in the good news of Christ's birth and dwelling in hope, let us pray for the church, those in need, and all of creation.

A brief silence.

Merciful God, make your presence known throughout your church in all its different forms. Guide preachers and teachers to proclaim the work you do in this and every place. Lord, in your mercy,
hear our prayer.

You created the earth and all it contains. Send rain and snow to parched places so that plants and animals thrive. Direct us to be good stewards of all that you create. Lord, in your mercy,
hear our prayer.

You heal what is broken and make all things new. Grant peace at the Ukrainian Border and in war-torn nations especially in Afghanistan, South Sudan, and the Democratic Republic of the Congo that diplomatic wisdom and good will be with their leaders to end the torment of violence, so that all people can live in safety and security. Lord, in your mercy,
hear our prayer.

You call us as your children and comfort us in our afflictions. Bring patience to the distressed, compassion to the grieving, and relief to the suffering. We pray especially today for...
Lord, in your mercy,
hear our prayer.

You give us examples of Christ-like living through the witness of the faithful departed. As your beloved called on the name of Jesus throughout their lives, inspire us to call upon him in joy and in need. Lord, in your mercy,
hear our prayer.

Celebrant: Rejoicing in your glory revealed to the world, we offer these and all our prayers to you, O God of our salvation, through Christ our light. **Amen.**

THE PEACE

Deacon: The peace of the Lord be with you always.

And also with you.

Instrumental Music

Celebrant: Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

HOLY EUCHARIST

God is here.

God's Spirit is with us.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to offer thanks and praise.

It is right to glorify you

and to give you thanks, our holy and living God;

you dwell in light inaccessible

from before time and forever.

Fountain of life and source of all goodness,

you made all things and fill them with your blessing;

you created them to rejoice

in the splendor of your radiance.



Now we praise you with the faithful of every time and place,
and give voice to every creature,
as we join in the eternal hymn:

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is the One who comes in the name of the Lord.

Hosanna in the highest.

You formed us in your own image, giving the whole world into our care, so that, in obedience to you, our Creator, we might become stewards of all creation.

Again and again, you called us into covenant with you, and through the prophets, you taught us to hope for salvation.

You loved the world so much that in the fullness of time you sent your only begotten one to be our Savior. Incarnate by the Holy Spirit, born of your servant Mary, Jesus lived as one of us. To the poor Christ proclaimed the good news of salvation; to prisoners, freedom; to the sorrowful, joy.

The night before he died, your Son, Jesus Christ, took bread; when he had given you thanks, he broke it, gave it to his disciples, and said:

**Take, eat, this is my body which is given for you;
do this to remember me.**

After supper he took the cup; when he had given you thanks, he gave it to them and said:

This cup is the new covenant in my blood poured out for you; do this as often as you drink it to remember me.

Elements are elevated

From the gifts, you have given us we offer you this bread and this cup, and proclaim the mystery of our faith,

**Christ has died,
Christ is risen,
Christ will come in glory.**

Therefore, loving God, recalling now Christ's death and resurrection, we ask you to accept this our sacrifice of praise.

Send your Holy Spirit upon us and our celebration, that we may be fed with the body and blood of your Son and be filled with your life and goodness. Strengthen us to do your work, and to be your body in the world.

Elements are elevated

Through Jesus Christ our Lord, with whom, and in whom, in the unity of the Holy Spirit, all honor and glory be to you, Lord of all ages, world without end. Amen.

As our Savior Christ has taught us, we are bold to pray,

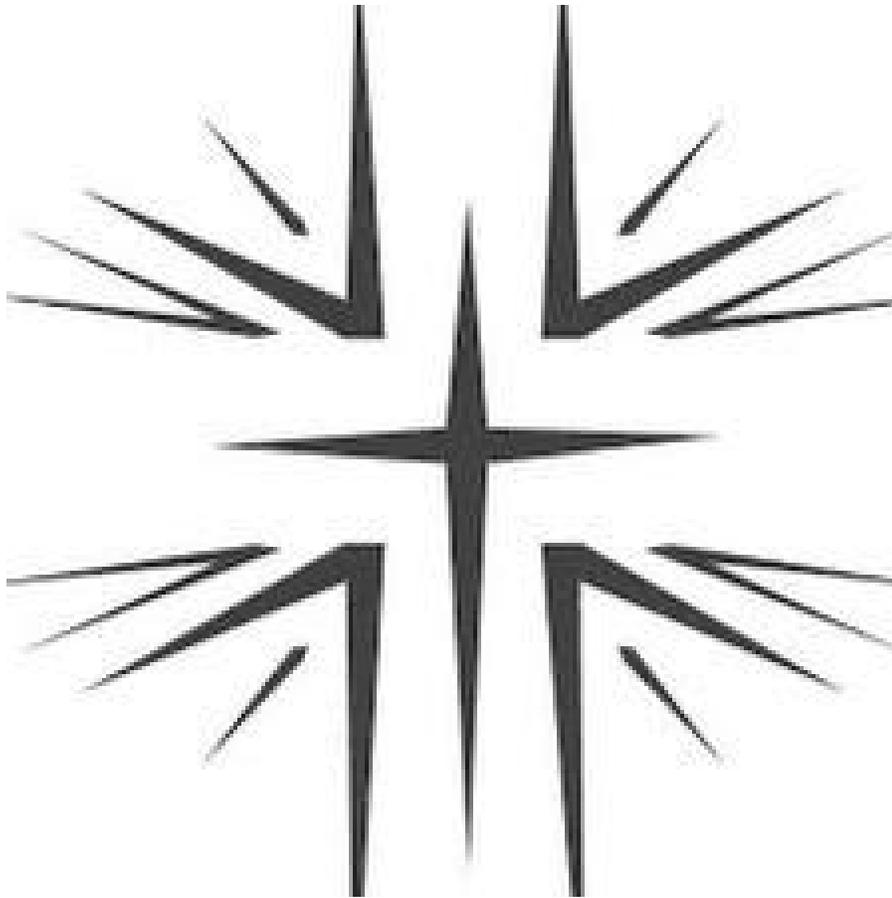
**Our Father in heaven, hallowed be your Name,
your kingdom come, your will be done,
on earth as it is in heaven.
Give us today our daily bread.**

Forgive us our sins

as we forgive those who sin against us.

**Save us from the time of trial,
and deliver us from evil.**

**For the kingdom, the power,
and the glory are yours,
now and forever. Amen.**



The Breaking of the Bread

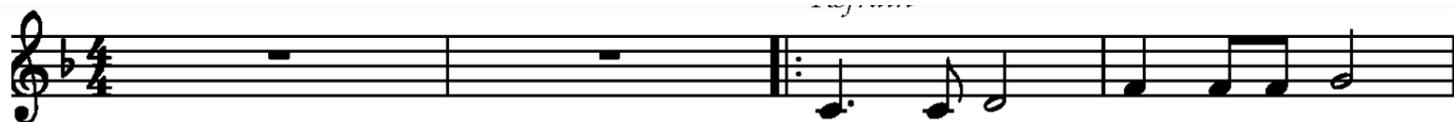
Christ our Passover is sacrificed for us;

Therefore let us keep the feast

FRACTURE ANTHEM

“Bread of Life”

Music and lyrics by Bernadette Farrel



Bread of life, hope of the world,



Je-sus Christ, our bro - ther: — feed us now, give us life,



lead us — to one an - oth - er. one an - oth - er. —



2 The bread we break and share was scat - tered once as grain:
3 We eat this liv - ing bread, we drink this sav - ing cup;



just as now it is gath - ered,
sign of hope in our bro - ken world,



make your peo - ple òne.
source of last - ing love.

Celebrant: The gifts of God for the people of God take them in remembrance of Christ's life, death, and resurrection and feed on him in your hearts by faith.

WELCOME TO THE TABLE

ALL are welcome to receive communion.

Please be seated. Our Eucharistic Ministers will come to you. As they approach, please stand if you are able. Gluten-free wafers and grape juice are available. If you would like to receive a blessing instead of communion, simply cross your arms in front of you.

COMMUNION MUSIC

"Taste and See"

Music and lyrics by James E. Moore

Refrain

Taste and see, taste and see the
good - ness of the Lord. _____ O
taste and see, taste and see the
good - ness of the Lord, _____ of the
Lord.

POST COMMUNION PRAYER

**We thank you, O God,
that you have fed us at your banqueting table
with bread and wine beyond compare,
the very life of Christ for us.
Send your Spirit with us now,
that we may set the captive free,
use your gifts to build one another up,
and in everything reflect your glory
revealed in Jesus Christ, our Savior and Lord.
Amen.**

FINAL BLESSING

DISMISSAL

**Alleluia, Alleluia. Go in peace and share God's light in the world.
Thanks be to God. Alleluia, alleluia!**

Presider and Preacher: The Rev'd Cindy Rasmussen

Deacon: The Rev'd Mike Finn

Musician: Andy Lacey

Audio and Video Producer: Robert Thornton

Lay Leaders: Kathy Johnson, Bob Valeri, Michele Holmes

SMSJ WEEKLY CALENDAR (2/6/22 - 2/12/22)

Tuesday

- 9am Food Shelf Prep & Foodlink Delivery
(Valeri)
- 1pm Food bagging (Bornemann)
- 3pm Endowment Committee Meeting (Zoom)

Wednesday

- 10:30-12pm Food Shelf Ministry (Valeri)
- 12pm Healing Service
- 7pm Bible Study (zoom link on the website)

Thursday

- 9:30am Staff Meeting

ANNOUNCEMENTS

Volunteers Needed

We are looking for volunteers to help out in the Food Shelf Ministry. If you are available, contact Paula Valeri at pdvaleri@gmail.com

Tuesdays: 9-2pm

Wait for the Foodlink truck, unload the delivery of two pallets of food, and move delivered food to the basement to be bagged

Tuesdays: 2pm or later

Bag 60-80 bags of food to distribute at Wednesday morning Food Shelf

Wednesdays: 9:30-12pm

Serve guests by carrying bags up a set of stairs and outside

Welcoming New Leaders

We have welcomed five new leaders in the new year! Listed below are our 2022 SMSJ representatives with new leaders marked with an *

Wardens: Terri Censak and Michele Holmes*

Vestry: Tom Flood, Paula Valeri, Walt Snyder, Nancy Ramsay*, Ginnie Schindler*, and Samantha Glarner*

Diocesan Delegates: LaVonne Nelson, Nancy Willer, and Ella Gruel*

Diocesan Delegate Alternate: Deb Snyder*

Bible Study

Bible Study on the Gospel of Luke will continue on Wednesday, Feb. 9th at 7:00pm. This week we will be looking at chapter 5. The Zoom link is posted on the website.

Prayer Concerns and/or Thanksgivings

Our newsprint "Prayer" board is back. You are welcome to light a candle and put the name(s) of those you would like us to hold in prayer. First names will be shared during the Prayers of the People. If you would like to include any of these names on our regular prayer list, please email Terri Censak at scensak@frontiernet.net.

Readers and Eucharistic Ministers

If you'd like to serve as a Reader and/or a Eucharistic Minister, please let Deacon Mike or Pastor Cindy know. The February and March schedule is attached. If you are unable to serve a particular weekend, please find a replacement and let Deacon Mike know.

Worship Leaders of February and March of 2022

Date	First Lesson and Psalm	Second Lesson	Prayers of the People
2/6	Kathy J	Bob V	Michele H
2/13	Bob C	Deb S	Joe C
2/20	Bob C	Terri C	LaVonne N
2/27	Mary E	Stephanie S	Tom F
3/6	Mary Ellen F	Sharon K	Heather G
3/13	Walt S	Samantha G	Paula V
3/20	Bob V	Michele H	Kathy J
3/27	Joe C	Bob C	Deb S
4/3	LaVonne N	Kathy J	Terri C
4/10	Tom F	Mary E	Stephanie S
4/17	Joe C	Bob C	Deb S

Date	Hold Cup Tray	Give Single Cup	Collect Cups
2/6	Mary E	Terri C	April L
2/13	Stephanie S	LaVonne N	Tom F
2/20	Heather G	Mary Ellen F	Deb S
2/27	Dorothy B	Kathy J	Bob C
3/6	Sharon K	Joe C	Children
3/13	Terri C	Mary E	Children
3/20	Mary E	Terri C	April L
3/27	Michele H	Nancy W	Dorothy B
4/3	Bob C	Dorothy B	Children
4/10	Joe C	Sharon K	Children
4/17	Michele H	Nancy W	Dorothy B



**ST. MARK'S &
ST. JOHN'S**



**ONLY FOUR MONTHS
UNTIL WE PLANT**

**LEARN MORE ABOUT OUR
COMMUNITY GARDENS BY GOING TO:**

STMARKSANDSTJOHNS.ORG