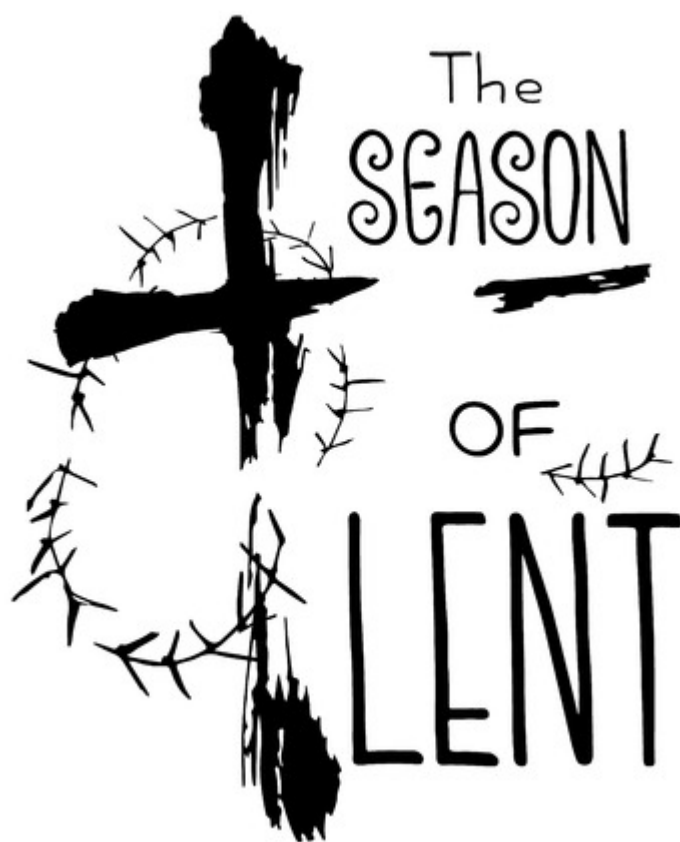


# The Third Sunday of Lent



March 20, 2022

# *Welcome to St. Mark's and St. John's*

*Help yourself to coffee in the "cafe".*

*Feel free to bring it to your pew. We're casual.*

*We invite children to make themselves at home at our children's table where there are weekly activity bulletins, crayons, etc...*

*Our live YouTube broadcast begins at 9:15am.*

*As always, the link to our live-recorded YouTube channel is available on our website,  
[stmarksandstjohns.org](http://stmarksandstjohns.org)*

# PRELUDE Instrumental

## OPENING MUSIC

## "Blessed Assurance"

*Music by Phoebe P. Knapp lyrics by Fanny J. Crosby*

The musical score is written for a single melodic line in treble clef, 3/4 time. It features a series of chords indicated by letters (C, F, G, D7, Dm) above the staff. The lyrics are written below the staff, with two verses of the main song and a refrain. The first verse is in a 4-measure phrase, and the second verse is in a 4-measure phrase. The refrain is in a 4-measure phrase. The score ends with a double bar line.

1 Bless - ed as - sur - ance, Je - sus is mine! O what a  
2 Per - fect sub - mis - sion, per - fect de - light, vi - sions of

fore - taste of glo - ry di - vine! Heir of sal - va - tion, pur - chase of  
rap - ture now burst on my sight; an - gels de - scend - ing, bring from a -

God, born of his Spir - it, washed in his blood.  
bove ech - oes of mer - cy, whis - pers of love.

*Refrain*

This is my sto - ry, this is my song, prais - ing my Sav - ior, all the day long;

this is my sto - ry, this is my song, prais - ing my Sav - ior all the day long.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Celebrant: Holy God, Holy and Mighty, Holy Immortal One,  
People: **Have mercy upon us.**

### THE COLLECT OF THE DAY

Deacon: The Lord be with you.

People: **And also with you.**

Deacon: Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

### FIRST LESSON

Exodus 3:1-15

Moses was keeping the flock of his father-in-law Jethro, the priest of Midian; he led his flock beyond the wilderness, and came to Horeb, the mountain of God. There the angel of the Lord appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. Then Moses said, "I must turn aside and look at this great sight, and see why the bush is not burned up." When the Lord saw that he had turned aside to see, God called to him out of the bush, "Moses, Moses!" And he said,

“Here I am.” Then he said, “Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground.” He said further, “I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob.” And Moses hid his face, for he was afraid to look at God.

Then the Lord said, “I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings, and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt.” But Moses said to God, “Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?” He said, “I will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain.”

But Moses said to God, “If I come to the Israelites and say to them, 'The God of your ancestors has sent me to you,' and they ask me, 'What is his name?' what shall I say to them?” God said to Moses, “I am who I am.” He said further, “Thus you shall say to the Israelites, 'I am has sent me to you.'” God also said to Moses, “Thus you shall say to the Israelites, 'The Lord, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you':

This is my name forever,  
and this my title for all generations.”

*Lector:* Hear what the Spirit is saying

*People:* **Thanks be to God.**

PSALM 63:1-8

O God, you are my God; eagerly I seek you;  
my soul thirsts for you, my flesh faints for you,  
as in a barren and dry land where there is no water.

**Therefore I have gazed upon you in your holy place,  
that I might behold your power and your glory.**

For your loving-kindness is better than life itself;  
my lips shall give you praise.

**So will I bless you as long as I live  
and lift up my hands in your Name.**

My soul is content, as with marrow and fatness,  
and my mouth praises you with joyful lips,

**When I remember you upon my bed,  
and meditate on you in the night watches.**

For you have been my helper,  
and under the shadow of your wings I will rejoice.

**My soul clings to you;  
your right hand holds me fast.**

## SECOND LESSON

## 1 Corinthians 10:1-13

I do not want you to be unaware, brothers and sisters, that our ancestors were all under the cloud, and all passed through the sea, and all were baptized into Moses in the cloud and in the sea, and all ate the same spiritual food, and all drank the same spiritual drink. For they drank from the spiritual rock that followed them, and the rock was Christ. Nevertheless, God was not pleased with most of them, and they were struck down in the wilderness.

Now these things occurred as examples for us, so that we might not desire evil as they did. Do not become idolaters as some of them did; as it is written, "The people sat down to eat and drink, and they rose up to play." We must not indulge in sexual immorality as some of them did, and twenty-three thousand fell in a single day. We must not put Christ to the test, as some of them did, and were destroyed by serpents. And do not complain as some of them did, and were destroyed by the destroyer. These things happened to them to serve as an example, and they were written down to instruct us, on whom the ends of the ages have come. So if you think you are standing, watch out that you do not fall. No testing has overtaken you that is not common to everyone. God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide the way out so that you may be able to endure it.

*Lector:* Hear what the Spirit is saying

*People:* **Thanks be to God.**

## LENTEN HYMN

## "Baptized in Water"

*Music by Bunessan, lyrics by Michel Saward*

1. Baptized in wa - ter, Sealed by the Spir - it, Cleansed by the  
2. Baptized in wa - ter, Sealed by the Spir - it, Dead in the

6  
blood of Christ our king: Heirs of sal - va - tion, Trust - ing his  
tomb with Christ our king: One with his ris - ing, Freed and for -

12  
prom - ise, Faith - ful - ly now God's praise we sing.  
giv - en, Thank - ful - ly now God's praise we sing.

## GOSPEL

Luke 13:1-9

The Holy Gospel of our Lord Jesus Christ according to Luke.

**Glory to you, Lord Christ.**

At that very time there were some present who told Jesus about the Galileans whose blood Pilate had mingled with their sacrifices. He asked them, "Do you think that because these Galileans suffered in this way they were worse sinners than all other Galileans? No, I tell you; but unless you repent, you will all perish as they did. Or those eighteen who were killed when the tower of Siloam fell on them--do you think that they were worse offenders than all the



others living in Jerusalem? No, I tell you; but unless you repent, you will all perish just as they did."

Then he told this parable: "A man had a fig tree planted in his vineyard; and he came looking for fruit on it and found none. So he said to the gardener, 'See here! For three years I have come looking for fruit on this fig tree, and still I find none. Cut it down! Why should it be wasting the soil?' He replied, 'Sir, let it alone for one more year, until I dig around it and put manure on it. If it bears fruit next year, well and good; but if not, you can cut it down.'"

The Gospel of the Lord  
**Praise to you, Lord Christ**

SERMON

The Rev. Cynthia Rasmussen

CREED FOR LENT

*Patmos Abbey – The Order of Saint Columba*

**We believe that our lives are held within the encircling love of God, who knows our names and recognises our deepest needs.**

**We believe that Christ is the divine Child of the living God, and that his grace is like living waters that can never be exhausted.**

**We believe in the birthing, renewing, enabling Spirit of God who yearns over our welfare as a mother yearns for her child.**

**We believe that God is in the arid desert as well as in green pastures, and that hard times and disciplines are also loving gifts.**

**We believe that our journey has a purpose and a destination,  
and that our path leads to a human glory we cannot yet imagine.**

**We believe that in the church we are fellow pilgrims on the road,  
and that we are called to love one another as God loves us.**

**This is our faith and we are humbled to profess in Jesus the Christ.  
Amen**

### **CONFESSION AND FORGIVENESS**

Celebrant: Let us turn back toward God by confessing our sins.

People: Merciful God, we have sinned in what we have thought and  
said, in the wrong we have done and in the good we have not done.

We have sinned in ignorance: we have sinned in weakness:  
we have sinned through our own deliberate fault.

We are truly sorry.

We repent and turn to you.

Forgive us, for our Savior Christ's sake,  
and renew our lives to the glory of your name.

Celebrant: By water and the Holy Spirit, God has given us new birth,  
through the life, death and resurrection of Jesus Christ, and God  
forgives you all your sins. Almighty God strengthen you in all  
goodness and keep you in eternal life. Amen.

SPECIAL MUSIC FOR PRAYER AND MEDITATION *Please be seated*

*You're invited to light a candle at our prayer table and write your prayer intentions on one of the Prayer Boards during the music. Please stay socially distant.*

PRAYERS OF THE PEOPLE

*Please stand*

You are within us and among us, O Christ, as the one who is alive for ever. In the sorrows and sufferings of our lives you are with us as the one who holds the keys of new beginnings. There is no ending in the world, there is no fear in our lives, there is no despair in our hearts, that your living presence cannot unlock.

*A brief silence.*

You heal what is broken and make all things new. Grant peace in Ukraine and war-torn nations around the world. Help us to find ways to be people of deep convictions that where there is violence and pain we do all we can to stop it.

Lord, in your mercy,

**hear our prayer.**

Merciful God, make your presence known throughout your church in all its different forms. Guide preachers and teachers to proclaim the work you do in this and every place.

Lord, in your mercy,

**hear our prayer.**

You created the earth and all it contains. Send rain and snow to parched places so that plants and animals thrive. Direct us to be good stewards of all that you create.

Lord, in your mercy,  
**hear our prayer.**

You call us as your children and comfort us in our afflictions. Bring patience to the distressed, compassion to the grieving, and relief to the suffering. We pray especially today for...

Lord, in your mercy,  
**hear our prayer.**

You give us examples of Christ-like living through the witness of the faithful departed. As your beloved called on the name of Jesus throughout their lives, inspire us to call upon him in joy and in need.

Lord, in your mercy,  
**hear our prayer.**

*Celebrant:* Rejoicing in your glory revealed to the world, we offer these and all our prayers to you, O God of our salvation, through Christ our light. **Amen.**

## **THE PEACE**

*Deacon:* The peace of the Lord be with you always.

**And also with you.**

*Celebrant:* Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

## OFFERTORY

*Eucharistic Ministers bring the elements and offering to the altar.*

*To be sung*

Yahweh, I know You are near,  
standing always at my side.  
You guard me from the foe.  
and You lead me in ways everlasting.

Lord, You have searched my heart,  
And You know when I sit and when I stand.  
Your hand is upon me protecting me from death,  
Keeping me from harm.

Where can I run from Your love?  
If I climb to the heavens You are there;  
If I fly to the sunrise or sail beyond the sea,  
Still I'd find You there.

## HOLY EUCHARIST

The Lord be with you.  
**And also with you.**

Lift-up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give God thanks and praise.**



It is right to glorify you  
and to give you thanks, our holy and living God;  
you dwell in light inaccessible  
from before time and forever.

Fountain of life and source of all goodness,  
you made all things and fill them with your blessing;  
you created them to rejoice  
in the splendor of your radiance.

Therefore, we join in the chorus of praise that rings through eternity:

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is the One  
who comes in the name of the Lord.  
Hosanna in the highest.**

Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death, you looked with favor upon your willing servant Mary, that she might conceive and bear a son, Jesus, the holy child of God. Living among us, Jesus loved us. He broke bread with outcasts and sinners. He healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself, yet we were heedless of his call to walk in love.

On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them saying:

**“Take, eat: This is my Body which is given for you.  
Do this for the remembrance of me.”**

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them and said:

**“Drink this all of you. This is my Blood of the new Covenant,  
which is poured out for you and for all for the forgiveness of sins.  
Whenever you drink it, do this for the remembrance of me.”**

Now gathered at your table, O God of all creation, as we remember Christ, crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice.

Pour out your Spirit upon these gifts, that they may be the Body and Blood of Christ. Breathe your Spirit over the whole earth, and make us your new creation.

**By Christ, with Christ, and in Christ, in the unity of the Holy Spirit  
all honor and glory are yours, Almighty God, now and forever.  
Amen.**

## THE LORD'S PRAYER

*Version used at Food Shelf Eucharist - 2019*

As our Savior Christ has taught us, we are bold to pray,

**Our Father in Heaven,**

*remind us constantly that you are parent to all your children.*

**Hallowed be your name. Your Kingdom come,**

*Establishing peace and justice, hope and life for all people.*

**Your will be done on earth as it is in heaven.**

**Give us today our daily bread.**

*Make us aware of the needs of others.*

**Forgive us our sins,**

*Our pride and our prejudices.*

**As we forgive those who sin against us.**

**Lead us not into temptation,**

*especially keep our hearts and minds open to see the good in others.*

**Deliver us from evil.**

**For the kingdom, Just and true,**

**The power, gentle and fair,**

**And the glory, filled with the promise of peace.**

**Are yours forever and ever. Amen.**

## THE BREAKING OF THE BREAD

Christ our Passover is sacrificed for us;

**Therefore let us keep the feast**



## FRACTURE ANTHEM

“Come and Fill Our Hearts”

*Music and lyrics by Taizé*

The image shows two staves of musical notation in treble clef, key of D major (two sharps), and 3/4 time. The first staff contains the melody for the first line of the hymn, with lyrics 'Come and fill our hearts with your peace. You a-lone, O Lord, are ho-ly.' The second staff contains the melody for the second line, with lyrics 'Come and fill our hearts with your peace. Amen'. Chord symbols are written above the notes: D, Bm, D, A for the first staff, and Em, C, Em, A, D for the second staff.

Come and fill our hearts with your peace. You a-lone, O Lord, are ho-ly.

Come and fill our hearts with your peace. Amen

*Celebrant:* The gifts of God for the people of God take them in remembrance of Christ's life, death, and resurrection and feed on him in your hearts by faith.

## WELCOME TO THE TABLE

*ALL are welcome to receive communion.*

*Please be seated. Our Eucharistic Ministers will come to you. As they approach, please stand if you are able. Gluten-free wafers and grape juice are available. If you would like to receive a blessing instead of communion, simply cross your arms in front of you.*

## COMMUNION MUSIC

## "Taste and See"

*Music and lyrics by James E. Moore*

*Refrain*

The musical score is written for a single voice part in 4/4 time, using a treble clef and a key signature of one flat (B-flat). The melody is simple and repetitive, consisting of eighth and quarter notes. The lyrics are written below the staff, with some words hyphenated across measures. The score includes a 'Refrain' label above the first measure. The lyrics are: 'Taste and see, taste and see the good - ness of the Lord. \_\_\_\_\_ O taste and see, taste and see the good - ness of the Lord, \_\_\_\_\_ of the Lord.' The final note of the last line is a whole note, indicating the end of the phrase.

Taste and see, taste and see the  
good - ness of the Lord. \_\_\_\_\_ O  
taste and see, taste and see the  
good - ness of the Lord, \_\_\_\_\_ of the  
Lord.

## POST COMMUNION PRAYER

**Compassionate God, you have fed us with the bread of heaven.  
Sustain us on our Lenten pilgrimage;  
may our fasting bring a hunger for justice;  
our gifts and yearning for peace;  
and our prayer the song of grateful hearts,  
through Jesus Christ our Savior and Lord. Amen.**

## FINAL BLESSING

### DISMISSAL

Go in peace. Remember the poor.

**Thanks be to God.**

**Presider and Preacher:** The Rev'd Cynthia Rasmussen

**Deacon:** The Rev'd Mike Finn

**Musician:** Andy Lacey

**Audio and Video Producer:** Robert Thornton

**Lay Leaders:** Bob Valeri, Michele Holmes, Kathy Johnson

## SMSJ WEEKLY CALENDAR (3/13/22 - 3/19/22)

### **Monday**

9:30am Lenten Prayer

### **Tuesday**

9am Food Shelf Prep & Foodlink Delivery  
(*Valeri*)

9:30am Lenten Prayer

1pm Food bagging (*Bornemann*)

3pm Seed Sowers and Story Tellers - Afterschool  
Program (*Freedom Scholars*)

### **Wednesday**

9am ARC of Monroe Work Group

10:30-12pm Food Shelf Ministry (*Valeri*)

12pm Healing Service

12:30pm Seed Sowers and Story Tellers Weekly Meeting

### **Thursday**

9:30am Lenten Prayer

3pm Seed Sowers and Story Tellers - Afterschool  
Program (*Freedom Scholars*)

3pm Partners for Places Weekly Meeting

### **Friday**

9:30am Lenten Prayer

## **ANNOUNCEMENTS**

### **Welcome Roch Whitman**

Roch Whitman is a candidate for the Diaconate and comes to us from his first training assignment at St. Michael's Episcopal Church in Geneseo. His home parish is the Episcopal Church of the Good Shepherd in Webster. For his full bio, check out our March newsletter! Roch will begin his weekly services with us on Sunday, April 3rd.

### **Ukrainian Humanitarian Effort**

An estimated 1.5 million individuals have fled Ukraine seeking refuge in neighboring countries. As this number continues to rise, funding is necessary to support food deliveries, temporary housing, medical relief, and hygiene. Funds collected through the Episcopal Relief and Development will be donated to humanitarian relief efforts in countries accepting Ukrainian Refugees. Contribution boxes can be found in the sanctuary.

### **Bible Study**

Bible Study on the Gospel of Luke, Chapters 10 and 11, will continue on Wednesday, March 23rd at 7:00pm. The Zoom link is posted on the website.

### **Prayer Concerns and/or Thanksgivings**

Our newsprint "Prayer" board is back. You are welcome to light a candle and put the name(s) of those you would like us to hold in prayer. First names will be shared during the Prayers of the People. If you would like to include any of these names on our regular prayer list, please email Terri Censak at [scensak@frontiernet.net](mailto:scensak@frontiernet.net).

## **Readers and Eucharistic Ministers**

If you'd like to serve as a Reader and/or a Eucharistic Minister, please let Deacon Mike or Pastor Cindy know. The February and March schedule is attached. If you are unable to serve a particular weekend, please find a replacement and let Deacon Mike know.

## Worship Leaders of March and April of 2022

<b>Date</b>	<b>First Lesson and Psalm</b>	<b>Second Lesson</b>	<b>Prayers of the People</b>
3/20	Bob V	Michele H	Kathy J
3/27	Joe C	Bob C	Deb S
4/3	LaVonne N	Theresa H	Terri C
4/10	Tom F	Mary E	Stephanie S
4/17	Joe C	Bob C	Deb S
4/24	Kathy J	Bob V	Michele H
5/1	Bob C	Samantha G	Joe C
5/8	Bob C	Terri C	LaVonne N
5/15	Mary E	Stephanie S	Tom F
5/22	Mary Ellen F	Sharon K	Heather G
5/29	Walt S	Deb S	Paula V

<b>Date</b>	<b>Hold Cup Tray</b>	<b>Give Single Cup</b>	<b>Collect Cups</b>
3/20	Mary E	Terri C	Theresa H
3/27	Michele H	Nancy W	Dorothy B
4/3	Bob C	Dorothy B	Children
4/10	Joe C	Sharon K	Children
4/17	Michele H	Nancy W	Dorothy B
4/24	Theresa H	Terri C	Mary E
5/1	Stephanie S	LaVonne N	Tom F
5/8	Heather G	Mary Ellen F	Deb S
5/15	Dorothy B	Kathy J	Bob C
5/22	Sharon K	Joe C	Children
5/29	Terri C	Mary E	Children





**ST. MARK'S &  
ST. JOHN'S**



**ONLY ONE MONTH  
UNTIL WE PLANT**

**LEARN MORE ABOUT OUR  
COMMUNITY GARDENS BY GOING TO:**

**[STMARKSANDSTJOHNS.ORG](http://STMARKSANDSTJOHNS.ORG)**